



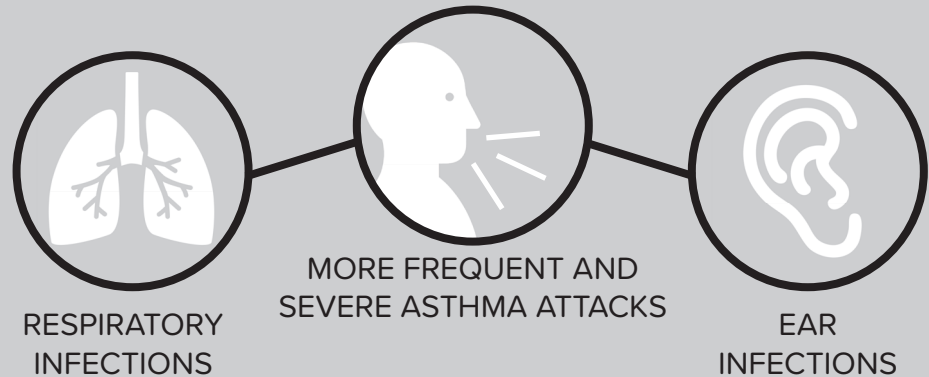
REDUCING SECONDHAND SMOKE EXPOSURE

> WHAT'S THE PROBLEM WITH SECONDHAND SMOKE?

7,000 chemicals are in tobacco smoke

70 of them cause cancer

41,000 adults die yearly because of
secondhand smoke exposure



**IN CHILDREN CAN ALL BE CAUSED BY
SECONDHAND SMOKE EXPOSURE**

> WHAT CAN YOU DO TO REDUCE EXPOSURE TO SECONDHAND SMOKE?

- ⊘ **DON'T ALLOW SMOKING** in or around your home or car
- ⊘ **QUIT** if you currently use tobacco products
- ⊘ **DON'T TAKE YOUR CHILDREN** to indoor or outdoor places that allow smoking
- ⊘ **FOLLOW STATE AND LOCAL LAWS** regarding smoking in indoor and outdoor public places

> POLITELY REMIND PEOPLE WHO ARE SMOKING IN PROTECTED AREAS THAT IT IS NOT ALLOWED AND ASK THEM TO **SHARE CLEAN AIR** WITH THEMSELVES AND OTHERS.

> RESPECT THOSE WHO ASK YOU TO **SHARE CLEAN AIR** AND PUT OUT YOUR CIGARETTE.

Thank you La Plata
County for helping
to **Share Clean Air!**



Click for more information on your
state and local smoking laws.