

## La Plata and San Juan Counties Suicide Prevention Collaborative Common Agenda

**Vision:** All individuals in La Plata and San Juan Counties feel supported in every area of their lives (e.g. school, family, community, faith) and thrive across each dimension of their wellbeing.

**Outcome Goal:** Decrease the rates of suicide mortality and attempts for all individuals in La Plata and San Juan Counties.

### La Plata & San Juan Counties - Goal statements:

1. **Building Awareness and Sharing Information-** Ensure all members of our community are aware of and have an informed understanding of suicide and mental health conditions, available resources to address these conditions, and supports to promote safe, healthy, connected communities.
2. **Mental health advocate** – The community recognizes the importance of and supports a mental health community advocate to strategically improve the coordination of mental health agencies, which will decrease suicide frequency in the San Juan Basin.
3. **Social and educational supports, and affordable services for connection-** Our community supports affordable, accessible social and educational opportunities that foster meaningful connections between individuals.
4. **Protocol of care-** When an individual experiences a mental health event, there is a clear, identified, and coordinated community protocol through the continuum of care regardless of point of entry.
5. **Prevention Trainings-** Everyone in La Plata and San Juan Counties will have free opportunities to engage in effective trainings on suicide prevention, education, and intervention, especially for youth and teens.