In 2014 San Juan Basin Health Department (SJBHD) offered the following programs and services:

**Communicable Disease**
SJBHD leads efforts in monitoring incidence and distribution of disease in Archuleta, Dolores, La Plata, Montezuma, and San Juan counties. We are responsible for preventing and controlling vaccine-preventable diseases, zoonotic, vector, air-borne, water-borne, and food-borne illnesses, and other diseases that are transmitted person-to-person. We also provide guidance to healthcare professionals and the public on suspect cases, potential exposures, and other communicable disease issues.

- 152 communicable disease cases reported
- La Plata County had three positive cases of human plague. SJBHD investigated to determine the source and provided plague prevention education.
- Our region was not heavily affected by this year’s influenza season unlike the rest of the state. Nine individuals in the region were hospitalized for influenza.
- Ebola virus disease presented a worldwide threat in 2014. The majority of cases and response were in West Africa. On the local level, significant training, planning, and preparations were done to prepare for potential cases.

**Immunizations**
Immunizations help protect individuals and communities from diseases spread person to person. Our program offers routine and travel vaccines to children and adults, primarily to underserved and uninsured populations.

- Nurses in our clinics administered 403 vaccines in Archuleta County and 2,122 in La Plata County.

**Emergency Preparedness**
In coordination with local, state, and federal agencies and public and private sector partners, health departments are the first responders for local public health emergencies. Serving Archuleta, Dolores, La Plata, Montezuma, and San Juan Counties as well as the Southern Ute and Ute Mountain Ute Tribes, we focus on the following efforts: hazard identification, mitigation, planning, response, and recovery. “We put a strong focus on community engagement and partnerships to improve our emergency preparedness capabilities,” said Claire Macpherson, program coordinator.

**Vital Statistics**
SJBHD records and reports vital events (e.g. births and deaths) in accordance with state regulations and policies.

- Provided 4,997 total certificates
  - Birth certificates: 172 in Archuleta County and 1,694 in La Plata County
  - Death certificates: 402 in Archuleta County and 2,729 in La Plata County
Care Coordination
Care coordination team provides access, guidance, and advocacy for those who face barriers to healthcare. We take a community-wide approach to reducing those barriers through systems-level work.

- Nurse Navigators provide free care coordination to individuals and families who have high health needs and/or barriers in accessing health care. We had 385 new clients.
- Maternal Child Health and the Health Care Program provide free services to children and youth with special health care needs. We had 170 new clients this year.
- Temporary Assistance for Needy Families (TANF) works in conjunction with the Department of Human Services to address issues including parenting, health needs, access to health services, and preventive care. SJBHD worked with 96 new families.
- Connect 4 Health coverage guides give free assistance to residents concerning the Colorado Health Insurance Marketplace in response to the Affordable Care Act requirement for insurance coverage. 2,140 people were provided with outreach or one-on-one support by SJBHD health coverage guide.
- The Healthy Communities program assists women and children with enrolling in Medicaid and CHP+. 1,985 of clients were assisted with Medicaid by Family Health Coordinators in Archuleta, La Plata, San Juan, Montezuma, and Dolores counties.

Connect 4 Health success story
“A while ago I had a gentleman come in who had just lost his job, been diagnosed with a significant medical issue, and was granted custody of his son, all in the same week. His custody agreement requires that he provide insurance for his son, so when he lost his job-based insurance he might have lost custody of his son, too. Fortunately we were able to enroll them both in Medicaid immediately. When he goes back to work and his income increases we will be able to enroll them in private health insurance through Connect 4 Health Colorado. Multiple problems solved with one application!”

—SJBHD HEALTH COVERAGE GUIDE

TANF success story
“I had a client that was on and off TANF for the past 3-4 years. She always appeared quite depressed and vocalized depression. She verbalized wanting counseling, saw her need for counseling, but was unable to follow through. She always insisted that she was not sexually active and therefore refused birth control information and referral services. She did not follow through with medical appointments for minor ailments. She told me depression often kept her from working and holding jobs. At her most recent return to TANF she presented pregnant, depressed, and unable to continue working. After several home visits, office visits, phone calls, education, and mental health counseling, she began antidepressants. At her follow up appointment she informed me that she had received a long-acting reversible contraceptive device (LARC) at our sexual health clinic. It has taken several years but consistent interaction led to many positive changes.”

—SJBHD PARENTS PLUS COORDINATOR
Dental
The San Juan Basin Health Dental Clinic provides basic services for children and adults. Services include restorative treatment, oral screening, cleaning, oral hygiene instruction, fluoride varnish application, and sealants.

- 333 new and existing patient visits in Archuleta County
- 1,931 new and existing patient visits in La Plata County
- 372 seen in outreach for both counties

Nurse-Family Partnership
The Nurse-Family Partnership (NFP) helps first time pregnant mothers and their child begin a healthy life together. Support is provided from pregnancy through the second year through home visits from registered nurses. Program goals include improvement of pregnancy outcomes, improvement of child health and maternal life course development.

- NFP serves moms in Archuleta, La Plata, and San Juan counties. Their ongoing caseload is 75 moms, and 34 new moms were enrolled in the program in 2014.

Sexual Health Clinic
SJBHD’s Sexual Health Clinic is available to all La Plata and Archuleta County residents and provides annual exams, sexually transmitted infection (STI) screenings, pregnancy tests, all birth control methods, infection checks, tobacco cessation, and health and fitness education.

- 828 client served
- 831 client screenings provided:
  - 468 Chlamydia and Gonorrhea tests
  - 112 HIV tests
  - 11 Hepatitis C tests
  - 240 Pap tests
- 45 Women’s Wellness Connection clients were provided with access to breast and cervical cancer screenings

These services make a difference. Significant progress in teen pregnancy rates has been achieved locally as well as statewide in the past five years. From 2009 – 2013, La Plata County saw a 35 percent drop in teen-birth rate and Archuleta County saw a 46 percent drop while statewide there was a 40 percent decline. Much of this success is tied to the Colorado Family Planning Initiative (CFPI): a five year program that has provided long acting reversible contraceptive devices (known as LARC) for low-income teens and young women in Colorado. SJBHD has provided 539 LARCs in La Plata and Archuleta County with this program.
Environmental Health
SJBHD helps protect and improve air, water, land, and food quality. We do this through identification, investigation, and response to community environmental health concerns, reduction of current and emerging environmental health risks, and prevention of communicable diseases.

- We protect the public from food-borne illness with risk-based restaurant inspections and monitoring of special events with food service. We provided the following retail food establishment inspections: 47 in Archuleta, 336 in La Plata, and 22 in San Juan counties.
- We are the regulatory authority for on-site wastewater treatment, and issued the following permits: 60 in Archuleta, 162 in La Plata, and 2 in San Juan counties.
- Water bacteriology is tested in the SJBHD lab. This testing determines the absence/presence of total Coliform and E.coli bacteria. 3,700 water tests were performed, including 705 E.coli tests, and 1,774 wastewater tests.

Women, Infants, and Children
Women, Infants, and Children (WIC) services help families develop healthier lifestyles. WIC provides nutrition education to pregnant, breastfeeding, and non-breastfeeding postpartum women, and children up to age 5 along with checks to purchase specific healthy foods that align with mom and child’s nutritional needs. “Pregnancy and early childhood are such crucial times for good nutrition,” Jenny Pritchard, WIC Program Manager, said. “The checks combined with the nutrition education provide moms with skills and incentives to purchase and prepare healthy foods for their families.” In addition, WIC serves numerous cases of children with high Body Mass Indexes (BMI), and case managers have seen positive outcomes as a result of WIC nutrition education. Parents are given tailored nutrition education and counseling as part of their WIC appointment. The WIC program has been able to lower BMIs to within the acceptable range at subsequent appointments.

- 1,060 average monthly WIC caseload
  - 801 La Plata County clients
  - 254 Archuleta County clients

Single Entry Point
Options for Long Term Care offers services that help the elderly and individuals with disabilities maintain their independence and stay in their homes as long as possible. The SJBHD Single Entry Point program assists eligible clients in getting help with homemaking, personal care, non-medical transportation, home modifications, and respite care. “This program is awesome! It gave me the opportunity to provide the best level of care available to my nephew after his injury. I would be lost without the help of San Juan Basin Health,” a Bayfield client said.

- Helped 340 clients stay safely in their homes

WIC success stories
“I have come across so many wonderful families that make my job so meaningful. One family in particular always makes sure to stress how she appreciates the WIC program and how it makes such a difference in making ends meet for her family. How getting everyday staple foods such as milk, grains and vegetables can help her not only feed her family but also helps her save money to be able to purchase other needed items. She also stated that she appreciates the education that she receives to help make her a better mother.”
—SJBHD WIC EDUCATOR

“I had been seeing a WIC client for about a year and had developed a relationship with this young mother. At a recent appointment, this mother shared with me that she was now living in the Safe House with her young child because she had left her abusive husband. The client went on to tell me that she felt supported and empowered by her contact and conversations with me and this helped her have the strength to change her situation. She asked me if she could give me a thank you hug and told me how much she appreciated our relationship and all the help she received from WIC.”
—SJBHD WIC EDUCATOR
Programs and Services, continued

Assessment, Planning, & Communications
Identifies, evaluates, and understands community health problems, priority populations, and potential threats to the public’s health, and use this knowledge to determine what strategies are needed to engage partners and improve health.

- Assessment: community health assessment, program evaluation, and ongoing data collection within SJBHD and community as a whole
- Planning: Public Health Improvement Plan, new program development, and grant application development and support
- Communications: community outreach on health topics, annual communications calendar, and templates for marketing materials

Health Policy And Systems
Health Policy and Systems (HPS) directs prevention work to reduce alcohol, tobacco, and other drug (ATOD) use by youth and young adults. This collaborative program leverages community partnerships, particularly with the Celebrating Healthy Communities coalitions to maximize positive collective impact. Coalition work examines needs and resources in both Archuleta and La Plata counties to customize a strengths-based approach.

- Anticipate we will achieve our five year outcome to raise the number of developmental assets, building blocks that help young people grow up to be healthy, caring, and responsible, reported by youth from 19 to 21 in La Plata County.
- Outreached to all healthcare providers in Archuleta and La Plata counties to offer customized tobacco cessation training for their staff to increase patient cessation attempts and success rates.
- Increased youth participation in the third annual Adult Role Model campaign. We received 250 nominations from youth. Five awards were made to adults in Bayfield, Durango, and Ignacio.
- Awarded 11 Healthy Event Seals of Approval to celebrate pro-social events which are family or youth friendly, low or no cost, and alcohol-free.

Healthy Living Programs
SJBHD Healthy Living programs develops, implements, and evaluates policies and programs that promote healthy living and quality of life while reducing the incidence of preventable diseases, injuries, disabilities, and other poor health outcomes.

- The Promotora Program strives to reduce health disparities by improving access to health care and prevention services for low-income and underserved Hispanic/Latino individuals and families. The program had 67 new clients in Archuleta County and 91 in La Plata County.
- Worksite Wellness provides resources, support, and referrals for business owners and employees to create healthier, more productive work environments. The program worked with 11 local businesses and 166 employees were provided health screenings.
- SPARK is a physical activity and nutrition education program delivered through Durango School District 9-R Kids’ Camp after-school program. All seven elementary schools are participating, serving an average of over 200 children per month.

Healthy Living success story
“This program really was a nice way to have some inner reflection as to where I needed to find my balance. It’s easy to put myself last, especially having two little girls and a husband. When you hear and acknowledge that it truly is okay to have a night out with friends or go on a hike by myself. It’s the little things, but as a whole makes me a better wife, mom, and just a better person all around.”
—LOCAL WOMAN WHO PARTICIPATED IN SJBHD’S WORKSITE WELLNESS PROGRAM
Governmental Fund
Statement of Revenue, Expenditures and Changes in Fund Balance
For the Year Ending December 31, 2014

REVENUES

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Local Government</td>
<td>13.73%</td>
<td>$658,537</td>
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<tr>
<td>Medical Billing</td>
<td>5.86%</td>
<td>281,192</td>
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<tr>
<td>Fees for Service</td>
<td>15.60%</td>
<td>747,874</td>
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<tr>
<td>State/Federal Contracts</td>
<td>50.80%</td>
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<td>Grants</td>
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<tr>
<td>Donations</td>
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<td>11,593</td>
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<td>Local Agencies</td>
<td>4.09%</td>
<td>196,009</td>
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<tr>
<td>Other Revenue</td>
<td>2.78%</td>
<td>133,308</td>
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<tr>
<td><strong>TOTAL</strong></td>
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<td><strong>$4,794,906</strong></td>
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EXPENDITURES

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<th>Source</th>
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<th>Amount</th>
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<tbody>
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<td>Salary and Benefits</td>
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<td>Travel</td>
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<td>Contract Services</td>
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<td>Operating</td>
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<td>Capital Outlays</td>
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<tr>
<td>Debt Service</td>
<td>2.29%</td>
<td>103,449</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td><strong>$4,520,325</strong></td>
</tr>
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Net change in Fund Balance $274,581
Mission
To protect human and environmental health and inspire well-being in our community.

S AN  •  J U A N  •  B A S I N  
H E A L T H  D E P A R T M E N T

Board of Health
Bob Ledger, President
Shere Byrd
Brad Cochennet
Karin Daniels
Gwen Lachelt
Bobby Lieb
Michael Whiting

Office Locations
Durango Office
281 Sawyer Drive
Durango, CO 81303
(970) 247-5702

Pagosa Springs Office
502 South 8th Street
Pagosa Springs, CO 81147
(970) 264-2409

Staff
Alexandria Anderson
Marianne Ball
Lisa Barrett
Charles Berry
Amber Beye
Joseph Blaha
Amanda Blalock
Greg Brand
Jill Brooks
Laura Chapman
Kalisha Crossland
Sandra Dalenberg
Francilia Ehrig
Chad Engelhardt
Kimberly Florine
Nancy Folsom
Patricia Ford
Alana Foster
Brett Francois
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Lori Zazzaro

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