WHAT’S THE PROBLEM WITH SECONDHAND SMOKE?

7,000 chemicals are in tobacco smoke

70 of them cause cancer

41,000 adults die yearly because of secondhand smoke exposure

WHAT CAN YOU DO TO REDUCE EXPOSURE TO SECONDHAND SMOKE?

- **DON’T ALLOW SMOKING** in or around your home or car
- **QUIT** if you currently use tobacco products
- **DON’T TAKE YOUR CHILDREN** to indoor or outdoor places that allow smoking
- **FOLLOW STATE AND LOCAL LAWS** regarding smoking in indoor and outdoor public places

MORE FREQUENT AND SEVERE ASTHMA ATTACKS

RESPIRATORY INFECTIONS

EAR INFECTIONS

IN CHILDREN CAN ALL BE CAUSED BY SECONDHAND SMOKE EXPOSURE

POLITELY REMIND PEOPLE WHO ARE SMOKING IN PROTECTED AREAS THAT IT IS NOT ALLOWED AND ASK THEM TO SHARE CLEAN AIR WITH THEMSELVES AND OTHERS.

RESPECT THOSE WHO ASK YOU TO SHARE CLEAN AIR AND PUT OUT YOUR CIGARETTE.

Thank you La Plata County for helping to Share Clean Air!

Click for more information on your state and local smoking laws.

Sources:
(https://www.cdc.gov/tobacco)