A role model is someone who makes you want to try your best. Here are some qualities your role model may demonstrate:

- Confident
- Determined
- Trustworthy
- Good Listener
- Energetic
- Overcomes obstacles
- Passionate
- Inclusive
- Patient
- Fun
- Active in the community
- Has positive values
- Shows respect to others
- Inspiring
- Positive attitude
- Selfless
- Affectionate
- Graceful
- Makes positive choices
- Does good things outside their job
- Helpful

Please explain how the person you’re nominating demonstrates any of the qualities above. Please write a paragraph appropriate to your grade level.

_______________________________________________________________________________
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### ADULT ROLE MODEL 2020

Tell us more about your Role Model!

- Check if this Role Model is 21 years of age or older ☐

**Role Model Name:**

**How do you know your Role Model?**

**Where does your Role Model work, coach etc:**

Please give the place you know them from and their title.

(ex: Teacher, Parent, School Counselor, Pastor, Youth Group Leader, Coach, etc.)

**What is their phone number (if you know one)?**

**E-mail?**

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Tell us more about you!

- Check if you are 21 years of age or younger ☐

**Your name:**

**Your age:**

**Your ethnicity:**

- African American/Black
- Asian
- Caucasian/White
- Hispanic/Latino
- Native American
- Mixed Race
- Other

If you’re still in school, your grade: _____ and your school: ________________________________

If you win a prize or if we have more questions we will need to call you.

**What is your phone number?**

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Please submit this completed nomination form to:

**Cheryl Bowdridge**  
San Juan Basin Public Health  
502 S 8th Street  
Pagosa Springs, CO 81147

Or e-mail to cbowdridge@sjbpublichealth.org  
Or fax to 970 264 4640  
Questions? E-mail or call 970 264 2409 x214

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Nomination forms are due March 31