

Using a WIC breast pump?



Here are some things we would like you to know...

Review the **Breast Pump/Aid Release** form that WIC staff went over with you when you picked up the pump.

Click on the **video link below** for the pump you are using to learn how to set up, use and clean the breast pump:

Loaned Medela Symphony: <https://www.youtube.com/watch?v=Ic9C1G5WteE>



Loaned Medela Lactina: <https://www.youtube.com/watch?v=bck54WccCNk>



Loaned Hygeia EnDeare: <https://www.youtube.com/watch?v=NruTP-dU9XQ>



Single-user Hygeia EnJoye: https://youtu.be/Rt4_VHofQQE



Single-user Medela WIC-In-Style:
<https://www.youtube.com/watch?v=rtLtqkEgXCM>



Medela Harmony Hand/Manual Pump:
https://www.youtube.com/watch?v=5d_LIwG0rVM



Additional Information

[Safe handling and storage of expressed breast milk handout](#)



[How to keep your breast pump kit clean handout](#)

[Hand expression video](#)

[Paced bottle feeding video](#)

A **WIC staff member** will be calling you within 24-72 hours to see how things are going and answer any questions you have!

If you have any questions about using the pump or breastfeeding, please contact your WIC Educator.

We are here to help!

