Using a WIC breast pump?

Here are some things we would like you to know...

Review the Breast Pump/Aid Release form that WIC staff went over with you when you picked up the pump.

Click on the video link below for the pump you are using to learn how to set up, use and clean the breast pump:

Loaned Medela Symphony: https://www.youtube.com/watch?v=Ic9C1G5WteE

Loaned Medela Lactina: https://www.youtube.com/watch?v=bck54WccCNk

Loaned Hygeia EnDeare: https://www.youtube.com/watch?v=NruTP-dU9XQ


Single-user Medela WIC-In-Style: https://www.youtube.com/watch?v=rtLtqkEgXCM

Medela Harmony Hand/Manual Pump: https://www.youtube.com/watch?v=5d_LIwG0rVM

Additional Information

Safe handling and storage of expressed breast milk handout

How to keep your breast pump kit clean handout

Hand expression video

Paced bottle feeding video

A WIC staff member will be calling you within 24-72 hours to see how things are going and answer any questions you have!

If you have any questions about using the pump or breastfeeding, please contact your WIC Educator.

We are here to help!