Suicide Prevention | Statistics*

*The American Association of Suicidology release summaries of suicide statistics as soon as they become available from the National Center for Health Statistics. The most current statistics are from 2019. Colorado Department of Public Health and Environment data is more recent from 2020.

NATIONAL STATISTICS

Overview

- In 2019, 47,511 Americans died by suicide.¹
- The age-adjusted suicide rate in the US in 2019 was 13.9 per 100,000. ¹²
- Suicide was the 10th leading cause of death, with 1.7% of all US deaths in 2019 being ruled as suicides. ¹
- The crude suicide rate in 2018 was 14.5 (a 2% decrease from 2018-2019). ¹²

STATE RANKINGS

Suicide rates were highest in:¹³
- Wyoming (29.4)
- Alaska (28.7)
- Montana (27.0)
- New Mexico (24.5)
- Colorado (22.8)

Suicide rates were lowest in:¹³
- Maryland (10.9)
- Massachusetts (9.4)
- New York (8.8)
- New Jersey (8.6)
- District of Columbia (6.2)

Age, Gender, and Race

“A visual analysis of 2018 and 2019 suicide mortality data show decreases in the number and rate of suicide for almost all demographic groups included in these data sheets. Rate increases were observed for Black men (1.7% increase), Asian/Pacific Islanders (2.8% increase), and older adults age 85+ (5.2% increase).”¹⁴

- On average, there were 130.2 suicides every day in the US, or one suicide every 11.1 minutes.⁸
- As it is estimated that there is one death by suicide for every 25 attempts, approximately 1.2 million attempts were made in 2019. This is one attempt made every 26.6 seconds.⁸
- Men accounted for 77.97% of all US suicides, yet there were three female attempts for every male attempt.⁶
- Overall, the most predominant method of suicide in the US was firearms. These account for 50.4% of all suicides in 2019.⁴
- As recent research estimates that for every suicide, 135 people are exposed and as many as 40-50% of the population have been exposed in their lifetime, the number of survivors of suicide loss grew by 285,066 in 2019.¹⁰

Suicides in Colorado: Counts
Colorado Vital Statistics Program, (death certificate)

Select years:
2004 to 2020

Select method used to inflict the fatal injury:
All methods

Total suicides for selected populations and years:
17,044

Number of suicides by demographics
Click on one or more subgroups below to filter all other charts to that group(s); click again to deselect

by age:
- 10-14 years: 226
- 15-19 years: 928
- 20-24 years: 1,420
- 25-34 years: 2,938
- 35-44 years: 3,029
- 45-54 years: 3,454
- 55-64 years: 2,667
- 65-74 years: 1,250
- 75 years and older: 1,132

by sex:
- Male: 9,383
- Female: 7,661

by ethnicity:
- Non-Hispanic: 12,916
- Hispanic: 1,136
- Unknown: 198

by race:
- White: 15,827
- Black/African American: 1,118
- Asian/Pacific Islander: 1,107
- American Indian: 1,092
- Other/Unknown: 1,010

by veteran status (ever in U.S. Armed Forces):
- Not a veteran: 11,708
- Veteran of armed forces: 1,253
- Veteran status unknown: 83

by marital status:
- Single, never married: 8,299
- Currently married: 6,002
- Divorced: 5,013
- Widowed: 954
- Unknown: 159

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Selected population for all charts on this page:
- Age: All
- Sex: All
- Ethnicity: All
- Race: All
- Marital status: All
- Veteran status: All
- Method: All methods
- County: All

Number of suicides per year, 2004-2020

*Counts of less than three are suppressed

**Rates/data on this page will differ slightly from Colorado Violent Death Reporting System data, due to the inclusion of out of state resident deaths
Suicides in Colorado: Counts
Colorado Vital Statistics Program, (death certificate)

Select years:
2004 to 2020

Select method used to inflict the fatal injury:
All methods

Total suicides for selected populations and years:
178

Number of suicides by demographics
Click on one or more subgroups below to filter all other charts to that group; click again to deselect

by age
10-14 years: 4
15-19 years: 8
20-24 years: 13
25-29 years: 27
30-34 years: 30
35-39 years: 36
40-44 years: 35
45-49 years: 25
50-54 years: 14
55-59 years: 11
60-64 years: 11
75 years and older: 11

by sex
Male: 131
Female: 47

by ethnicity
Not Hispanic: 161
Hispanic: 14
Unknown: 3

by race
White: 162
Black/African American: 14
Asian/Pacific Islander: 14
American Indian: 14
Other/Unknown: 14

by veteran status (ever in U.S. Armed Forces)
Not a veteran: 146
Veteran of armed forces: 28
Veteran status unknown: 4

by marital status
Single, never married: 61
Currently married: 54
Divorced: 49
Widowed: 4
Unknown: 11

*Counts of less than three are suppressed
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Selected population for all charts on this page
Age: All, Sex: All, Ethnicity: All, Race: All, Marital status: All, Veteran status: All, Method: All methods, County: La Plata

Number of suicides per year, 2004-2020
Suicides in Colorado: Counts
Colorado Vital Statistics Program, (death certificate)

Select years:
2004 to 2020

Select method used to inflict the fatal injury:
All methods

Total suicides for selected populations and years:

54

Number of suicides by demographics
Click on one or more subgroups below to filter all other charts to that group(s); click again to deselect

by age
- 20-24 years: 4
- 25-34 years: 9
- 35-44 years: 4
- 45-54 years: 9
- 55-64 years: 19
- 65-74 years: 4
- 75 years and older: 3

by sex
- Male: 42
- Female: 12

by ethnicity
- Not Hispanic: 6
- Hispanic: 47
- Unknown: *

by race
- White: 53
- Black/African American: *
- Asian/Pacific Islander: *
- American Indian: *
- Other/Unknown: *

by veteran status (ever in U.S. Armed Forces)
- Not a veteran: 43
- Veteran of armed forces: 11
- Veteran status unknown: *

by marital status
- Currently married: 24
- Divorced: 14
- Single, never married: 13
- Widowed: *

Selected population for all charts on this page
Age: All, Sex: All, Ethnicity: All, Race: All, Marital status: All, Veteran status: All, Method: All methods, County: Archuleta

Number of suicides per year, 2004-2020

*Counts of less than three are suppressed
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